

Science graduate to AA

Ms Kyna Houston

About me

- 17 > what now?
- Astro-not
- Life sciences > Virology
- 1. Academia
- 2. MSc Forensic Science
- 3. PGDip Anaesthesia Practice (advertised in uni)
- Medicine a new idea



Selection process

- 200 - Math and English proficiency test, personality questionnaire
- 30 - panel interview with body language expert
- 12 - selected
- ~ 9 completed in 2010
- 6 in 2011 (5 still AAs)

PGDip Anaesthesia Practice

- 2007 – 2011 (#tibia interlude)
- University of Edinburgh
- 2nd cohort in Scotland
- 50:50
- Academic

Transition

- Successes



- Not squeamish!
- Studying, research, journals – familiar territory
- Supportive ES'

- Difficulties



- Understanding hospital hierarchy
- Hostility towards role

Career moves

- NHS Forth Valley
- QEH
- HEFT
- UCLH



Unique opportunities

- Resilience
- Regional anaesthesia, teaching
- Sub-Tenon's, list management (2:1)
- Sedation, major surgery (1:1)



UCLH

- Individuals experiences/preferences are utilised
- Service provision requirements \neq training lists
- 2:1 = 2 (soon 3) lists / week
- Distanced supervision = 1-2 lists / day
- 1:1 = everything else

Learning points

- Supportive environment
- Structured learning
- Guidance
- Feedback



